

LOCATION/ AVAILABILITY

- 1) The Health Office is located in the Administration office. Parents must stop at the receptionist's desk for directions when coming to pick up an ill/injured student.
- 2) Monday – Friday 8:00 am to 3:45 pm.
- 3) Students being sent home must be signed out in the health office.
- 4) A full-time Health Services Assistant and a School Nurse are in the office.

EMERGENCY INFORMATION (IMPORTANT)

- 1) Keep emergency contact information updated with current home, work, and cell number(s).
- 2) Provide name(s) and updated phone number(s) of relative(s) or friend(s) to call if we cannot reach the parent(s)/guardian(s).
- 3) Keep your student informed about your whereabouts.
- 4) Traveling out of town – Please make sure someone on your student's emergency contact list can be reached.
- 5) A PARENT OR LEGAL GUARDIAN must sign the authorization every year allowing the school to seek emergency treatment (if the parent or guardian is not available). This signature also allows the school to give information to emergency medical services and teachers. For any questions or concerns, contact the health office at 559-327-2489.

FIRST AID, ILLNESS, & INJURIES

- 1) If a student becomes ill or injured at school, he/she/they will receive every care and consideration.
- 2) Parent/guardian will be contacted for injuries of a serious nature or if a student is too ill to remain at school.
- 3) Injuries which occur at home should be cared for at home.
- 4) The nurse is always happy to consult with parent(s)/guardian(s) regarding health concerns.
- 5) If your student has ONE or more of the following, he/she/they should be kept at home:
 - a) Illness with a fever of 100.0 or greater
 - b) Fever of 100.0 or greater within the last 24 hours
 - c) Illness affecting your student's ability to participate in class.
 - d) Vomiting/diarrhea
 - e) Initiation of antibiotics within the past 24 hours
- 6) Crutches, wheelchair, and other medical devices require a medical order from a provider.

CONTAGIOUS DISEASE POLICY - Clovis Unified School district follows California Education Code guidelines for students with infectious or contagious disease(s). CWHS asks parent(s)/guardian(s) cooperation in keeping students out of school and school activities if there is reason to believe he/she/they has a contagious disease (see CUSD: Student and Parent Rights and Responsibilities for policies & regulations).

IMMUNIZATIONS (NO SHOTS, NO ADMITTANCE) - All students entering Intermediate and High School must meet all current California Immunizations requirements for schools. For additional information, please visit <https://www.cdph.ca.gov/Programs/CID/DCDC/Pages/Immunization/School/shotsforschool.aspx>

MEDICATIONS

- 1) **ALL** medication(s) (even over the counter medications including Tylenol, Advil, Midol, etc.) must be accompanied by a provider(s) written statement and checked in through the nurse's office. **Students allowed to carry over the counter medication(s), inhaler(s) and Epi-Pen(s) must have written authorization from a provider.**
- 2) CA Education Code Section 49423 requires that prescription and over the counter medication to be taken during the school day must be presented with:
 - a) A **written** statement from the **provider** detailing the name of the medication, amount, method, and time schedule by which the medication is to be taken.
 - b) A **written** statement from the **parent/guardian** indicating their desire for the school to assist the pupil in the matters set forth in the provider(s) statement.
 - c) The medication must be **clearly labeled** and sent to the school in the original container from the pharmacy.
- 3) The health office does not keep medication for general student use.
- 4) The "**Medication at School**" form is located on the CWHS website. Please review the policy carefully. It is also available on the District Website or use this link: <https://www.cusd.com/HealthForms.aspx>.
- 5) Medication at school forms expire at the end of the school year.
- 6) **Medications for off-campus activities** (field trips, out of town performances, Grad Night, etc.) require a "Medication at School" form. Please contact the nurse at least two weeks prior to the event.
- 7) **NO MEDICATION(S) WILL BE GIVEN AT SCHOOL UNLESS ALL REQUIREMENTS ARE MET.**

SCREENING PROGRAMS – Hearing and Vision Screening (Ed Code 49452) will be conducted during the fall semester for all 8th grade students. Hearing Screening for 10th grade students will be conducted during the fall semester. Vision and Hearing screening will be conducted for all new students to Clovis Unified.

Parent(s)/Guardian(s) may exempt their student from screening by submitting a written request to the nurse.

SPECIAL HEALTH NEEDS - If your student has a special health need (i.e. diabetes, asthma, seizure disorder, severe allergies, bees, food, etc.), chronic illness or physical limitations please contact the nurse. To better plan for your student's needs, please contact the school nurse **BEFORE** the **FIRST** week of school.

P.E. POLICY FOR ASTHMA

- 1) Students with asthma are strongly encouraged to always carry their inhaler with them.
- 2) Medication orders must be on file in the health office (Education Code. 49423).
- 3) If students do not use their inhaler at the proper time (i.e. before exercise), or forget to bring it to P.E. and therefore cannot participate, they will receive a non-participation, some of which can be made up.
- 4) Self-pace will mean starting the activity normally, and then, self-pacing as necessary. This is to be encouraged with periods of asthma exacerbation.

SEIZURE DIAGNOSIS/SWIMMING - It is district policy that students with a diagnosed seizure disorder must have:

- 1) Written provider clearance to swim.
- 2) Written parent/guardian request to participate in any school swimming programs.
- 3) Forms are available in the health office.

PHYSICAL FITNESS TESTING - Students who are unable to do all or some of the Physical Fitness Tests must present a written medical excuse from their provider to the nurse prior to the beginning of testing.

PHYSICAL EDUCATION (P.E.) EXCUSES - (Also refer to P.E. policies)

- 1) **All P.E. excuses from parents/guardians** may be given directly to the P.E. teacher. The student reports to class, dresses out, but is not required to participate.
- 2) **All P.E. excuses from a provider** are to be given directly to the nurse. The provider's note will be kept on file in the health office. The student will return to P.E. with verification of their medical excuse from the nurse. Under no circumstances are students given an extension on P.E. medical excuses unless written permission is granted by the provider or the nurse.
- 3) Students with a short-term medical excuse from a provider will remain in their P.E. class so that attendance can be monitored unless their medical condition warrants other considerations as determined by the provider or the school nurse. They will be required to dress out but will not be required to participate in activities.
- 4) Students who have a long-term medical excuse, every attempt will be made to schedule them into another class.
- 5) Students who desire to return to P.E. earlier than the original date provided on the medical order will need written verification from the provider. All P.E. medical excuses must be renewed each school year.