

Clovis West High School Morning Announcements Monday, May 20, 2024

<u>Meetings/Events Today</u>

- Yoga and Mental Health will be meeting during lunch on Monday, May 20 in C-3.
- Join us for a Movie Night at the amphitheater!!! Peer Counseling is hosting our first mental health movie night TONIGHT at 8 pm! We will be watching Inside Out. Bring a blanket or a chair and take time to do something good for your brain! See you then!
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Student Announcements

- Your Mental Health Matters! Be a sun seeker! Try to get outside for 15 minutes a day. Sunlight helps your body make Vitamin D which helps to boost your mood! Try it!
- Calling all African American Seniors! Don't forget to sign up for the 31st African American Student Recognition Program on June 2nd! Use the QR Code on Minga to register today before the upcoming deadline of May 22, 2024. Reach out to Mrs. McCoy with additional questions via email. <u>moniquemccoy@cusd.com</u>

<u>Senior Announcements</u>

• Attention Seniors- White Card Day is just around the corner. Per your Senior Book and graduation contract, you must complete all your detention hours before picking up your cap and gown. Stop by SRC to check if you own any hours. Do not wait until the last minute.

Club Member Announcements

- Please join us for our Alphabetical Order club end-of-year potluck this Thursday at lunch in c-3. Bring something to share and help us create Pride Parade décor! See you there!
- The South Asian club will be having a meeting on Wednesday during lunch in S4.
- Good Luck to:



• Friday: