

Clovis West High School Morning Announcements / Bulletin
Friday, May 12th, 2017

MEETINGS/EVENTS TODAY:

THERE ARE NO ANNOUNCEMENTS APRIL 24th – MAY 12th

- Mental Health Awareness Month continues all through May. Here is self-care Tip #2: **Sleep**. Adults require as close to 8 hours of sleep per night as possible. Sleeping more than 9 hours can trigger depression in certain people, and less than 7 can contribute to mania in others. Sleep also is essential to learning. Instead of cramming for exams, students should pace their studying and invest in a good night's rest before the big test.
- SENIORS: You can pick up your "FINAL TRANSCRIPT REQUEST" card in the counseling center or from the registrar's office. Completed card must be returned to the Registrar, Mrs. Clark, by Friday, June 2nd.
- THIS Friday, May 19, Clovis West will be hosting the CA CIF State Swim and Dive Championships as swimmers from around the state compete in the aquatics center. On Friday May 19th, will be on a minimum day as school will release at 12:13pm in preparation for the state swim and dive championships. **In order to prepare for these two important athletic events, we will be closing the Cole parking lot to students and staff on Friday. All students and staff will need to please park in the Teague Parking Lot.**

ALL STUDENT ANNOUNCEMENTS

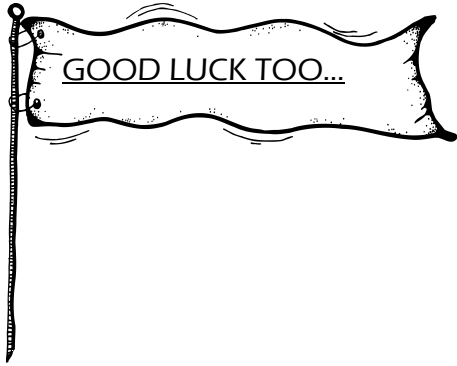
SENIOR ANNOUNCEMENTS

- All Seniors who plan to pursue their education at a community or technical school – consider applying for the Horatio Alger Association Career & Technical Scholarship Program. Scholarship criteria includes Pell-eligibility, enrollment by fall, 2017 with a commitment to complete a career or technical certificate/degree, and must be a U.S. citizen. The award amount could go as high as \$2,500. First priority deadline is June 15, 2017. Application is online at application.horatioalger.org
- Now through December 31, 2017, eligible students and parents can enter to win one of the \$2,500 scholarships offered by Discover, by signing up to receive helpful tips on planning and paying for college. No purchase or student loan is necessary. View Discover credit card webpage for log-in information. Winners will be randomly drawn on: June 8, 2017, September 6, 2017 and January 8, 2018. Good Luck!

CLUB MEMBER ANNOUNCEMENT

- There will be a Hip Hop Club meeting on Tuesday, May 16th at lunch time in the S Cluster.
- Friends of Rachel and Faith Club will be hosting a guest speaker on Monday May 15th at lunch in the lecture hall. Come hear Doug Griffin's personal story and a message about overcoming adversity. Doug has a positive message to share with our students and of course. . . free pizza! See you Monday at lunch in the lecture hall!

- There will be an Invisible Children's meeting this Monday at lunch in S cluster.



BULLETIN

- Students are not allowed in the A, C, J, and K buildings before school, at lunch, and after school unless they have an appointment to meet with their teacher. Any student who is in these building during the mentioned times will be referred to the SRC.