

35th Annual



CLOVIS WEST

SATURDAY, FEBRUARY 10, 2018

Hosted by Clovis West High School
Clovis Unified School District

DIVISIONS

SHOW CHEER (with music)

DIVISIONS: Elementary and Intermediate

TIME: Maximum 2 ½ minutes. Timing starts and ends with the first and last movement or vocal command. Timing does not include entrance or exit. However, entrance or exit should not exceed 15 seconds.

ROUTINE: Must include at least one cheer or sideline chant. Use of any apparatus or props will not be permitted. Mega-phones and pom poms are not considered apparatus and may be used. Signs may be used.

*All-star teams may use music for the entire length of the routine.

SONGLEADER

DIVISIONS: Elementary and Intermediate

TIME: Maximum 2 ½ minutes. Timing starts with the first beat of Music and ceases with end of the routine. Entrance or exit should not exceed 15 seconds.

ROUTINE: Stunts and pyramids are not allowed.

MUSIC: Music must be on CD labeled with school name, division, and team title. Electronic devices such as phones and ipad accepted.

PERFORMANCE CHEER (without music)

DIVISIONS: Elementary and intermediate

TIME: Maximum 2 minutes. Timing starts and ends with the first and last movement or vocal command. Timing does not include entrance or exit. However, entrance and exit should not exceed 15 seconds.

ROUTINE: Music or use of any apparatus or props will not be permitted. Megaphones are not considered apparatus and maybe be used. Signs may be used.

MASCOT

DIVISIONS: Elementary and Intermediate

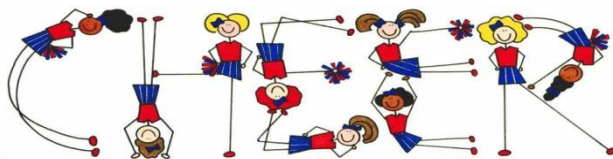
TIME: Maximum 2 minutes. Timing starts and ends with the first and last movement or vocal command.

ROUTINE: A routine (or skit) may or may not include music.

Coaches should be knowledgeable with the national Federation Spirit Rules Book. Our safety guidelines follow those listed in that book. You may get one from your CIF office; or by calling (317) 972-6900.

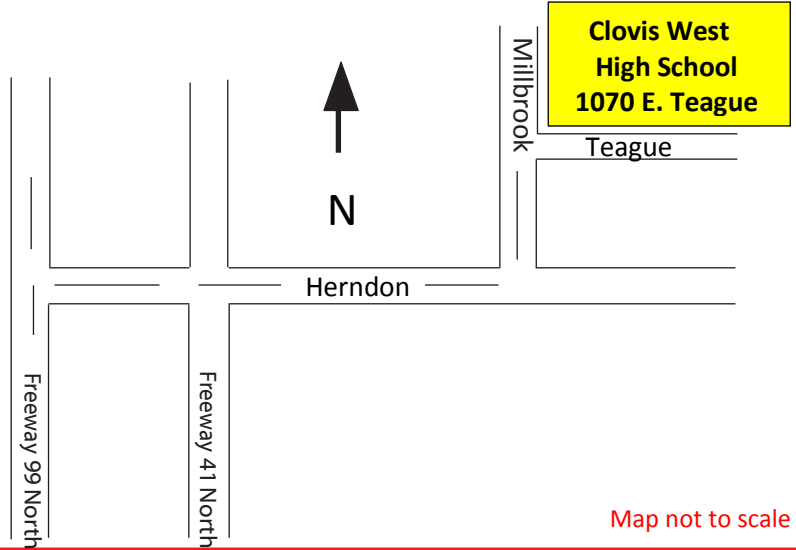
SAFETY GUIDELINES for school-based teams

1. Pyramids are restricted to two high. Pyramid height is measured by body length, i.e. a single base shoulder stand is two high.
2. Use of mini-tramps, springboards, or any height increasing apparatus is not allowed.
3. Free-falling flips or swan dives from partner stunts, pyramids, or basket tosses are not allowed.
4. Cartwheel dismounts are not allowed.
5. Vaults are not allowed.
6. Helicopters are not allowed.
7. Toe-pitches are not allowed.
8. Flips or swan dives from any type of toss are not allowed.
9. Knee drops and tensions drops are not allowed.
10. Two person split catches are not allowed.
11. Stunts and pyramids higher than a shoulder stand (i.e. extensions) must have a continuous spotter for each person over shoulder stand level.
12. Basket tosses or any type of toss must be performed from ground level and must be cradled by the original two bases plus an additional spotter.
13. No flying through pyramids or partner stunts from basket tosses or other types of tosses.
14. All school based and All-star teams are expected to follow the NFHS/ACCA guidelines.



GENERAL INFORMATION

1. **DEADLINE** for entries is **January, 26, 2018**. Please send in your entries as soon as possible
2. Time limits are not to exceed most cheer organization's time limits. Ten points will be deducted from the final team evaluation for each separate occurrence of an illegal procedure.
3. Teams will be judged on general appearance, routine constructions, execution, and showmanship. There will not be a penalty judge but teams are expected to follow the NFHS/ACCA guidelines.
4. All song teams will perform in the Clovis West Gymnasium on a standard sized basketball court; spring floor mats will be provided for cheer divisions.
5. No hard-soled shoes or boots may be worn on the gym floor.
6. Elementary schools will receive a rating of Superior, Excellent, or Outstanding, based upon evaluations of their performances by the judges. Trophies will be awarded to Intermediate schools. Medals (Grand Champions) will be given to each member of the highest scoring elementary school in small and large division.
7. There will be a warm-up area available. Warm-up mat time is 30-10 minutes prior to competition performance time. Each squad will have an equal set time limit to warm up. An advisor/coach must remain with the team the entire time they are in the warm-up room.
8. **MUSIC:** All teams must provide their own CD or electronic device. Music time limit, for each performance, should begin at the start of the first beat. All CD's must be labeled with school name and division. A sound system will be provided.
9. A snack bar will be open all day and there will be a hospitality room for all advisors.
10. Qualified judges will be selected for this event. All teams will receive score sheets to enhance further improvement. Score sheet will be available to pick up immediately following awards.
11. Qualified spotters will be provided by Clovis West for all cheerleading teams. All-star teams are required to provide their own spotters.
12. Upon entering this event, it is assumed that each participant has his/her own personal or school insurance. Clovis West High School and Clovis Unified School District **WILL NOT BE RESPONSIBLE** for any injuries occurring at this event. All team members must have a medical release form turned in, in order to participate.
13. A professional photographer will take pictures of each team in the wrestling room. All squads will have a photo taken and pictures will be available for purchase.
14. Souvenirs will be available including t-shirts, pants, and various vendors.
15. **Registration packets will be sent to advisors via email. Performance times will be available to advisors via email March 5th, 2018.**
16. Any other questions regarding the Clovis West Showcase, contact Shannon Wetzel a shannonwetzel@cusd.com or (559)-327-2107
17. **ADMISSION** is \$5.00 for all spectators over 3 years of age.



Map not to scale

Clovis West Showcase COMPETITION APPLICATION

DEADLINE for your application is **January 26th, 2018**

Advisor's Name: _____
 Assistants: _____
 Home Address: _____
 City: _____ Zip: _____
 Phone: (_____) _____

School: _____
 School Address: _____
 City: _____ Zip: _____
 Phone: (_____) _____
 Email: _____

SCHOOL DIVISIONS

Show Cheer (with music) Mark "X" if tryout was held to make team # on Team

Elementary..... _____ _____

Intermediate..... _____ _____

High School (CUSD Exhibition) _____ _____

Songleader Mark "X" if tryout was held to make team # on Team

Elementary..... _____ _____

Intermediate..... _____ _____

High School (CUSD Exhibition) _____ _____

Performance Cheer (without music) Mark "X" if tryout was held to make team # on Team

Elementary..... _____ _____

Intermediate..... _____ _____

High School (CUSD Exhibition) _____ _____

Mascot Mark "X" if tryout was held to make team # on Team

Elementary..... _____ _____

Intermediate..... _____ _____

ALL-STAR DIVISIONS

Show Cheer Level # on Team

Tiny (5 years and under) _____ _____

Mini (8 years and under) _____ _____

Youth (11 years and under) _____ _____

Junior (14 and under) _____ _____

Senior (18 years and under) _____ _____

Dance: (Jazz; Hip Hop; Pom) Level Division # on Team

Tiny (5 years and under) _____ _____ _____

Mini (8 years and under) _____ _____ _____

Youth (11 years and under) _____ _____ _____

Junior (14 and under) _____ _____ _____

Senior (18 years and under) _____ _____ _____

TOTAL NUMBER OF TEAM MEMBERS	_____
	X \$5.00each
TOTAL FEES DUE	_____

Checks payable to CUSD/CW Cheer (fees are non-refundable)
RETURN THIS APPLICATION WITH YOUR CHECK TO:
 Clovis West 1070 E. Teague Fresno, CA 93720 Attn: Shannon Wetzel



MEDICAL RELEASE AND LIABILITY RELEASE FORM

Clovis West Showcase Competition: February 10th, 2018

Name: _____ School: _____

Complete Address: _____

Emergency Contact: _____ Phone Number: _____

Emergency Contact: _____ Phone Number: _____

Insurance Company: _____ Policy Number: _____

Medical Allergies: _____

I as parent or legal guardian, give permission for my child _____,

to participate in the Clovis West Showcase pep and cheer competition. I give permission to hospital/paramedic staff to administer immediate treatment to my child should he/she becomes injured or ill. In addition, I waive and release Clovis Unified, Clovis West (school, staff, and employees), from any and all claims and causes of action arising from or concerning any and all injuries, illness, losses or damages of any kind which my child or I may have as a result of or in connection with my child's participation in the Clovis West Showcase, and/or travel to and from the event.

Parent Signature: _____ Date: _____